

Capricare Growing-up Milk Made from Goats' Milk



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Indications:

Capricare Growing-up Milk is a fortified milk drink designed to provide vitamins, minerals and nutrients to supplement the varied and balanced diet of children over 12 months.

Capricare Growing-up Milk is a source of calcium, phosphorus and vitamin D, needed for normal growth and bone development in children. It is a source of iron which contributes to normal cognitive development in children.

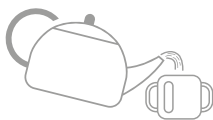
Contra-indications:

- Not suitable for cows' milk protein allergy
- Not suitable for lactose intolerance
- Not suitable for infants with a fish allergy
- Not suitable for vegetarians

Storage

Keep the unopened can in a cool, dry place. Once open, close tightly and keep it in a cool dry place. Use contents within 4 weeks of opening.

Preparation



Sterilize

Always wash your hands before preparing the feed. Sterilise all equipment by boiling or using an approved sterilising system. Boil fresh water and allow to cool until it is lukewarm (about 40°C). Add the exact measure of cooled, boiled water (refer to feeding guide) to a sterilised cup.



Measure

Using the Capricare® scoop, lightly fill with powder and level off. Do not press or heap the powder. Add the required number of scoops to cooled boiled water.



Prepare

Replace the lid on cup. Immediately shake well until the powder is completely dissolved.



Test

Check the temperature of the feed by sprinkling a few drops onto your wrist.

Prepare the drink just before feeding.

Feeding Guide for over 12 months

Age (months)	Boiled water (mL)	Number of scoops of powder	Number of daily feeds
Over 12 months	180	6	2

Important notice: Breastfeeding is best for babies. Infant formula is suitable from birth when babies are not breastfed. It is recommended that all formula milks be used on the advice of a healthcare professional.

For healthcare professional use only

Nutrition Information

	Unit	Per 100 g powder	Per 100 mL* prepared feed
Energy	kJ	2100	270
	kcal	500	64
Fat, of which	g	26	3.3
saturates	g	9.2	1.2
monounsaturates	g	12	1.6
polyunsaturates	g	3.9	0.5
- linoleic acid (omega 6)	g	3.1	0.4
- α -linolenic acid (omega 3)	mg	460	59
- docosahexaenoic acid (DHA)	mg	120	15
Carbohydrate, of which	g	55	7.1
sugars (lactose)	g	55	7.1
Fibre (oligofructose)	g	2.0	0.3
Protein	g	10.0	1.3
Salt	g	0.25	0.03

Vitamins

Vitamin A	μ g-RE	360	46
Vitamin D3	μ g	12	1.5
Vitamin E	mg α -TE	5.0	0.65
Vitamin C	mg	150	19
Vitamin B2	mg	1.0	0.13
Vitamin B12	μ g	1.7	0.22

Minerals

Potassium	mg	540	70
Chloride	mg	450	58
Calcium	mg	660	85
Phosphorus	mg	370	48
Iron	mg	11	1.4
Zinc	mg	4.7	0.61

*Calculated based on the following reconstitution ratio: Powder (g) 4.3; Water (mL) 30; Powder in 100 mL (g) 12.9

Ingredients

Pasteurised goat whole milk, lactose (from milk), vegetable oil blend (high oleic sunflower oil, canola oil, sunflower oil, antioxidants (sunflower lecithin, mixed tocopherols)), dietary fibre (oligofructose), fish oil powder (source of docosahexaenoic acid), pasteurised goat milk powders, minerals (calcium carbonate, dicalcium phosphate, calcium hydroxide, ferrous sulphate, zinc sulphate), vitamins (L-ascorbic acid, cholecalciferol, retinyl acetate, cyanocobalamin, riboflavin).

This product contains 38% goat milk on a dry matter basis.